



ADULT BALLET

ADULTS POINTE CLASS SATURDAY WITH DIANE

1145 - 1230

Level: **New Beginner**

Our courses are a fun and welcoming introduction to Pointe; focusing on developing your

strength and confidence in dancing in Pointe shoes.

You will begin by strengthening the feet and ankles and by learning how to prepare your feet and shoes for pointe-work.

All work in Pointe shoes will be done with the support of the barre before progressing, with the guidance of your tutor, to support yourself in the centre.

COURSE START DATES:

There are frequent courses throughout the year.

Please ask for your next available course date.





fiesta dancecentre

We have just the thing to put a smile on your face and a spring in your step.

Great Choice. Great Teachers. Great Atmosphere.

New Beginners to Advanced; All Ages and Abilities Welcome.

WATCH

Want to see the classes in action.

Check out the videos on our web site and Facebook page.

£

Classes from just £8 per person, per class

ENROL
NOW

Enrolling now at Fiesta Flamenco Dance Centre



Make Friends



Make a Difference



Get Fit. Have Fun.



Be Inspired

FIESTA DANCE CENTRE

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